

# Did you know...

If you **don't have a lawyer** you can bring a support person to a BC Provincial Court family or small claims trial to give you quiet help.

A **support person** can:

- give you emotional support
- take notes
- organize papers

as long as you follow the Court's Support Person Guidelines.



**Find the Guidelines at**  
[www.bit.ly/SupportPGL](http://www.bit.ly/SupportPGL) (Provincial Court website link)